

Perm Rod Set

1. Start With Clean Hair

- Hair clean, damp, and detangled

2. Moisturize

- Apply leave-in evenly
- Hair should feel soft

3. Section the Hair

- Part hair into 4 sections
- Clip sections neatly

4. Apply Setting Lotion

- Use lotion or mousse
- Apply evenly, one section at a time

5. Roll the Perm Rod

- Start at the ends
- Roll smoothly toward scalp
- Keep even tension, not tight

6. Dry the Hair

- Sit under hooded dryer
- Hair must be completely dry

7. Remove & Style

- Unroll gently starting in back
- Separate with fingers
- Add light oil if needed

8. Protect the Style

- Wrap with silk or satin scarf

SILK PRESS

1. Start With Clean Hair

- Hair clean and fully dry

2. Heat Protection

- Apply heat protectant to every section

3. Section the Hair

- Work in small, clean sections

4. Press the Hair

- Use comb chase method
- One pass only
- Keep flat iron moving

5. Cool & Set

- Allow hair to cool before styling

6. Prevent Heat Damage

- Avoid multiple passes
- Use correct heat setting