

Lesson Plan

Objective

- Students will learn the techniques for creating soft locs using pre-made soft locs and spring twist hair, including proper preparation, sectioning, installation, and wrapping methods.

Evaluation

- Observe students as they perform each step on a mannequin or on each other.
- Provide feedback and correct techniques as necessary.

Review

- Recap the steps for creating soft locs using pre-made soft locs and spring twist hair.
- Encourage students to ask questions and share their experiences.

Topic

Soft Locs Using Pre-Made Soft Locs and Spring Twist Hair

Materials

- Rat-tail comb
- Wide-tooth comb
- Hair clips for sectioning
- Pre-made soft locs
- Spring twist hair
- Crochet needle
- Edge control or gel
- Moisturizing leave-in conditioner
- Shine spray or oil
- Scissors

Games

Procedure: Soft Locs Using Pre-Made Soft Locs and Spring Twist Hair

1. Introduction

- Explain what soft locs are and their benefits (low maintenance, protective style, natural look).
- Start with clean, detangled hair.
- Apply a leave-in conditioner to moisturize the hair.

2. Sectioning the Hair

- Use a rat-tail comb to create clean, straight parts. Start by doing the middle part, ear to ear part, and nape part.
- From each section, further divide the hair into desired size rows and boxes for the braids. The size of the sections will determine the size of the braids.
- Use hair clips to secure each section and keep the hair organized.

3. Installing the Pre-Made Soft Locs

- Braid a small section of natural hair to act as the base for the soft loc.
- Insert the crochet needle at the root of the braid and pull the pre-made soft loc through the base of the braid.
- Pull the natural hair through the loc using the crochet needle to secure it.
- Cut the spring twist hair into manageable lengths.
- Attach a piece of spring twist hair at the base of the braid where the soft loc is installed.
- Begin wrapping the spring twist hair around the base of the braid and the pre-made soft loc. Wrap tightly and evenly to cover the natural hair and secure the loc.
- Continue wrapping down the length of the soft loc, overlapping slightly to ensure full coverage.
- Once you reach the end of the soft loc, secure the spring twist hair by palm rolling it in or using a small amount of glue.

4. Finishing Touches

- Use scissors to trim any excess spring twist hair for a neat finish.
- Use edge control or gel to smooth the edges and create a polished finish.
- Finish with a shine spray or a light oil to add shine and reduce frizz.

5. Maintenance Tip

- Wrap hair with a silk or satin scarf at night to maintain neatness.
- Apply a light oil or leave-in conditioner to the scalp and locs to keep them moisturized.
- Keep the scalp clean and free from buildup by using a dry shampoo or a light scalp cleanser.

Key Points and Tips

- Clean, straight parts create a neat and professional look.
- Secure the pre-made soft locs firmly at the base of the braid.
- Wrap the spring twist hair tightly and evenly to cover the natural hair and secure the loc.
- Maintain even tension throughout the wrapping process to prevent discomfort and ensure a uniform appearance.
- Trim excess hair for a neat finish.
- Use edge control and shine spray for a polished look.
- Protect the locs at night and keep the scalp moisturized and clean.