

# Lesson Plan

## Objective

- Students will learn the techniques for performing a weave sew-in with a natural part and leave-out, including proper preparation, sectioning, braiding, sewing, and blending the leave-out hair.

## Evaluation

- Observe students as they perform each step on a mannequin or on each other.
- Provide feedback and correct techniques as necessary.

## Review

- Recap the steps for performing a weave sew-in with a natural part and leave-out.
- Encourage students to ask questions and share their experiences.

## Topic

**Natural Part Sew-In with Leave-Out**

## Materials

- Rat-tail comb
- Wide-tooth comb
- Hair clips for sectioning
- Weaving needle and thread
- Hair extensions (weave)
- Edge control or gel
- Moisturizing leave-in conditioner
- Heat protectant spray
- Blow dryer (optional)
- Flat iron or curling iron
- Scissors
- Shine spray or oil

## Games

# Procedure: Natural Part Sew-In with Leave-Out

## 1. Introduction

- Explain what a weave sew-in with a natural part and leave-out is and its benefits (versatility, natural look).
- **Hair Preparation**  
Start with clean, detangled hair.  
Apply a leave-in conditioner to moisturize the hair.

## 2. Sectioning the Hair

- Determine Leave-Out Area
- Use a rat-tail comb to section off the area of natural hair that will be left out. This includes the natural part and edges.
- Braid the rest of the hair into a secure foundation for the weave. Cornrow the hair, ensuring the braids are flat and neat.
- Clip the leave-out hair away from the braids to keep it out of the way.

## 3. Sectioning the Hair

### Steps for Sewing

#### Step 1: Thread the Needle

- Use a curved weaving needle and strong thread to ensure durability.

#### Step 2: Start at the Nape

- Begin sewing the first track of hair extensions at the nape of the neck.

#### Step 3: Secure Each Track

- Secure each track by sewing it onto the braids, using a looping method to ensure the weft lies flat.

#### Step 4: Work Upwards

- Continue sewing the wefts onto the braids, working your way up towards the crown of the head.

#### Step 5: Leave-Out Integration

- Ensure the final tracks are placed close to the leave-out area without covering it.

## 4. Blending the Leave-Out Hair

- Apply a heat protectant spray to the leave-out hair to protect it from heat styling.

### Steps for Blending

#### Step 1: Blow Dry (Optional)

- Blow dry the leave-out hair to stretch it and make it easier to blend.

#### Step 2: Flat Iron or Curl

- Use a flat iron or curling iron to style the leave-out hair to match the texture of the weave.

#### Step 3: Blend with Weave

- Blend the leave-out hair with the weave by carefully combing or finger-styling the hair to cover any wefts and create a natural look.

### 5. Finishing Touches

- Trim any excess hair from the weave to achieve the desired length and shape.
- Use edge control or gel to smooth the edges and create a polished finish.
- Finish with a shine spray or a light oil to add shine and reduce frizz.

### 6. Maintenance Tips

- Wrap hair with a silk or satin scarf at night to maintain neatness.
- Apply a light oil or leave-in conditioner to the scalp to keep it moisturized.
- Keep the scalp clean and free from buildup by using a dry shampoo or a light scalp cleanser.
- Regularly moisturize and protect the leave-out hair to prevent heat damage and breakage.

### 7. Key Points and Tips

- Clean, straight parts and neat braids create a secure foundation for the weave.
- Secure each weft with even tension to prevent discomfort and ensure durability.
- Use heat protectant before styling leave-out hair.
- Match the texture of the leave-out hair to the weave for a seamless look.
- Trim the weave for desired length and shape.
- Use edge control and shine spray for a polished finish.
- Protect the weave and leave-out hair at night.
- Keep the scalp clean and moisturized.