

Lesson Plan

Objective

- Students will learn the techniques for creating butterfly locs using spring twist hair as the base and wrapping hair. They will understand how to use both pre-fluffed spring twist hair and Marley hair, according to personal preference.

Evaluation

- Observe students as they perform each step on a mannequin or on each other.
- Provide feedback and correct techniques as necessary.

Review

- Recap the steps for creating butterfly locs using spring twist hair.
- Encourage students to ask questions and share their experiences.

Topic

Butterfly Locs Using Spring Twist Hair

Materials

- Rat-tail comb
- Wide-tooth comb
- Hair clips for sectioning
- Spring twist hair (pre-fluffed) or Marley hair
- Crochet needle
- Edge control or gel
- Moisturizing leave-in conditioner
- Shine spray or oil
- Scissors

Games

Procedure: Butterfly Locs Using Spring Twist Hair

1. Introduction

- Explain what butterfly locs are and their benefits (protective style, boho look).
- Discuss the different hair options (pre-fluffed spring twist hair and Marley hair) and personal preference.
- Start with clean, detangled hair.
- Apply a leave-in conditioner to moisturize the hair.

2. Sectioning the Hair

- Use a rat-tail comb to create clean, straight parts. Start by doing the middle part, ear to ear part, and nape part.
- From each section, further divide the hair into desired size rows and boxes for the braids. The size of the sections will determine the size of the braids.
- Use hair clips to secure each section and keep the hair organized.

3. Creating the Base

- Braid a small section of natural hair to act as the base for the butterfly loc.
- Insert the crochet needle at the root of the section and pull the two pieces of spring twist hair through the base.

4. Wrapping the Locs

- Take one piece of spring twist hair to wrap around the base.
- Attach the piece of spring twist hair at the root of the braid or twist.
- Start wrapping the spring twist hair around the base braid or twist, creating loops or "butterfly" pieces as you go for a textured look.
- Continue wrapping down the length of the loc, creating loops at intervals for the butterfly effect.
- Once you reach the end of the loc, secure the spring twist hair by tucking it in or using a small amount of glue.

5. Finishing Touches

- Use scissors to trim any excess spring twist hair for a neat finish.
- Use edge control or gel to smooth the edges and create a polished finish.
- Finish with a shine spray or a light oil to add shine and reduce frizz.

6. Maintenance Tips

- Wrap hair with a silk or satin scarf at night to maintain neatness.
- Apply a light oil or leave-in conditioner to the scalp and locs to keep them moisturized.
- Keep the scalp clean and free from buildup by using a dry shampoo or a light scalp cleanser.